

Exercise: Zero Waste Mission – Save the Food, Save the Planet

Time: 45–50 minutes

Format: group work + creative presentation

Timing & Flow

1. Intro & group formation (5 minutes)

- You introduce the topic and hand out the “missions” (scenarios).
- Groups of 3–5 draw or choose one challenge.

2. Phase 1: Practical solutions (10 minutes)

- Each group comes up with at least **three realistic ways** to reduce waste in their scenario (based on the presentation).

3. Phase 2: Creative campaign (15 minutes)

- **Bonus task:** design a mini Zero Waste campaign for your mission. This can be:
 - a poster (flipchart / A3 sheet + markers),
 - a tagline / slogan,
 - a short skit / ad (2 minutes),
 - a mini social post (e.g., graphic + hashtags).

4. Phase 3: Presentations (10–15 minutes)

- Each group gets **up to 3 minutes**: first share your practical solutions, then present your creative campaign (e.g., skit, poster, slogan).

5. Voting & reflection (5 minutes)

- The group votes in three categories:
 - most realistic,



- most creative,
 - funniest.
- You close the activity, emphasizing that **everyone can make a difference** with Zero Waste.

The 6 Zero Waste Missions

1. Student Fridge

After a dorm party, what's left: half a pot of pasta, an open ketchup, a few tomatoes, and three yogurts that expire tomorrow. ➦ **How can you save these items and turn them into something useful?**

2. Supermarket & “Ugly” Produce

Crates of oddly shaped carrots and apples are left behind—no one wants them because they “look bad.” ➦ **How will you keep them out of the bin?**

3. All-You-Can-Eat Restaurant

People pile their plates high, and half of it comes back to the kitchen and gets thrown away. ➦ **What policy changes would you make to cut waste?**

4. Family Gathering

After a big lunch there are 10 loaves of bread, several cakes, and a huge pot of salad left over. ➦ **What will you do so it doesn't end up in the trash?**

5. Food Transport

A truck full of fruit and vegetables is stuck in traffic on a hot day. Some items are starting to spoil. ➦ **How can you save as much as possible and get it to people?**

6. School Cafeteria

Every day, full trays of potatoes and meat are left because students are bored with the repetitive menu. ➦ **How would you reorganize the cafeteria to prevent waste?**

Group Instructions

1. Propose **three practical ways** to save the food in your mission.
2. Prepare a **mini Zero Waste campaign** (poster / slogan / short skit / social post).
3. Present your solutions in **max. 3 minutes**.