

# ECO-ADVENTURES SCHEDULE



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# OVERVIEW

**Project Dates:** 15- 21 October 2025

**Venue:** "Społecznik" Work and Education Center in Międzybrodzie Bialskie (Lake Międzybrodzkie, Little Beskid Mountains)

## PROJECT TOPICS:

- Green skills
- Environment and climate change
- Bridging intercultural, intergenerational, and social divides



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# SCHEDULE

## Day 1 (Wednesday, 15.10) – Arrival and Integration

Afternoon: Arrival of participants, accommodation

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- 17:00– 18:00 – Welcome and getting to know each other
- Ice-breaking activities and group introductions to create a friendly atmosphere.
- 18:00– 19:00 – Dinner

## Day 2 (Thursday, 16.10) – Introduction to the Project and Intercultural Exchange

- 9:00 – 10:00 – Breakfast
- 10:00 – 13:00 – Documentation, presentation of the organisation, energizers and integration games, introduction to the project theme
- 13:00 – 15:00 – Lunch break
- 16:00 – 18:00 – Workshop: “Green Skills for the Future”
- 18:00 – 19:00 – Dinner
- 20:00 – Polish Cultural Evening

Folklore presentation, traditional songs and dances, tasting of Polish dishes.





### **Day 3 (Friday, 17.10) - Sport and Culture in the Spirit of Ecology**

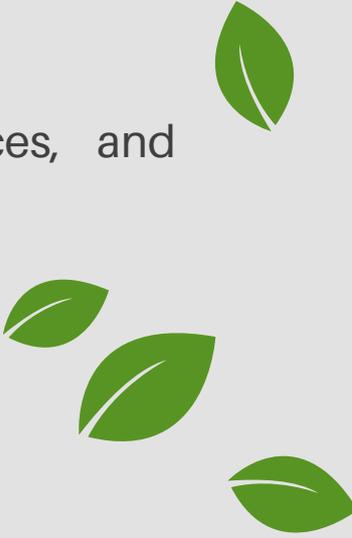
- 9:00 - 10:00 - Breakfast
- 10:00 - 10:30 - Energizer - Spain
- 10:30 - 14:30 - Sports workshops prepared by national groups
- 14:30 - 16:00 - Lunch break
- 16:00 - 18:00 - Workshop "Green Skills"
- 18:00 - 19:00 - Dinner
- 20:00 - Spanish Cultural Evening

Cooking and tasting tapas, dance activities, and a cultural quiz about Spain.

### **Day 4 (Saturday, 18.10) - Outdoor Workshop: Climate in the Mountains**

- 9:00 - 10:00 - Breakfast
- 10:00 - 10:30 - Energizer - Portugal
- 10:30 - 16:00 - Trekking and workshop "Climate in the Mountains" with group tasks and picnic
- 17:00 - 18:00 - Dinner
- 20:00 - Portuguese Cultural Evening

Traditional Portuguese food tasting, folk dances, and cultural stories.



## **Day 5 (Sunday, 19.10) – Sustainable Fashion and Greenwashing Awareness**

- 9:00 – 10:00 – Breakfast
- 10:00 – 10:30 – Energizer – Romania
- 10:30 – 13:00 – Workshop on Sustainable Fashion
- 13:00 – 15:00 – Lunch break
- 15:00 – 18:00 – Workshop “How to Counteract Greenwashing?”

Each national group prepares a short block (about 20–30 minutes) presenting examples from their own context (advertisements, campaigns, company initiatives). Afterwards, there will be a joint discussion – comparing different approaches and reflecting on what could be improved.

- 18:00 – 19:00 – Dinner
- 20:00 – Romanian Cultural Evening

Traditional food, folklore dances and music, and cultural curiosities.

## **Day 6 (Monday, 20.10) – Conscious Shopping and Project Evaluation**

- 9:00 – 10:00 – Breakfast
- 10:00 – 13:00 – Workshop “Conscious Shopping” (outdoor game)
- 13:00 – 15:00 – Lunch break
- 15:00 – 18:00 – Project Evaluation
- 18:00 – 19:00 – Dinner



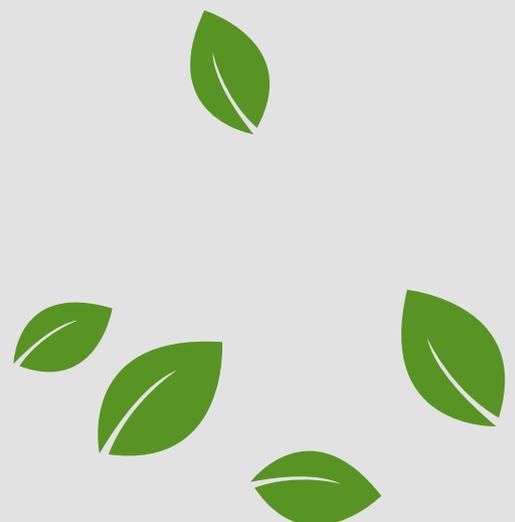
## Day 7 (Tuesday, 21.10) – Farewell and Departure

- 9:00 – 10:00 – Breakfast, check-out
- 10:00 – Departure of participants



### EXPECTED OUTCOMES:

- Practical green skills and increased environmental awareness
- Intercultural, social, and intergenerational integration
- Enhanced knowledge of ESG and sustainable development principles





# CONTACT

If you have any questions, don't hesitate to ask!

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