



ERASMUS+ PROJECT
ECOLOGICAL EXCHANGE

INFOPACK

Exchange dates: **14-18 of November 2022**

Arrival Day: **14 of November 2022**

Departure Day: **18 of November 2022**

Place of the exchange: **Katowice, Poland**



Topic of the exchange:

To expand knowledge in the field of **ecology and environmental protection** by encouraging young people to take part in social activities that increase their interest and **ecological knowledge** in order to **protect and improve the quality of the environment**.

What is more, next aim of the project is to develop **soft skills** in its participants, and to promote **EU values** such as respect its rich cultural and linguistic diversity, combat social exclusion and discrimination, promote human rights and equality regardless of age, ethnic origin, sexual orientation, beliefs etc.

Food and accommodation are provided and paid by the organizer.
The travel costs will be calculated and will be refunded by bank transfer at the exchange rate (in euro €).

There is no participation fee!!!



Travel expenses:

- Travel expenses will only be reimbursed upon **presentation of documents proving the amount actually paid**: original invoice. Documents must include the **date, price, traveler's name, destinations**, and the receipt must be completely clear.
- Keep all travel documents that you will receive during your trip: **boarding passes, receipts, tickets**, etc. as we absolutely need them!
- Taxi rides are **not refundable**.

Travel budget:

(for 1 person, both ways)

Bulgaria: 224 €

Croatia: 168 €

Slovenia: 147€

Serbia: 224€



Place of the exchange: **Katowice, Poland**



We will meet in **Katowice**, capital of Silesia region, known for its rich history and vivid culture. It's one of the most modern cities in the country with stunning **post-industrial architecture** and amazing youth life. You will get a chance to explore this energetic urban life and get lost in all its fascinating corners.

What to take with you?

- **Passport or ID card**
- **All travel tickets !!!** (it is very important to keep all tickets, receipts and boarding passes as we can only refund your travel expenses if you have tickets)
- **European health insurance card or private insurance valid in Poland** is obligatory for all participants.
- National snacks, specialty drinks , local music playlist for a cultural evening
- Medicines - if you need them (antiallergy pills, painkillers, aspirin, etc.)
- Laptop - not obligatory, but it may be useful
- Warm clothes appropriate for the weather

About eating

We will have 3 meals, and coffee breaks every day. If You have any dietary restriction, let us know as soon as possible!





Tasks:

- Every country must make a presentation on the topic of culture in their country for cultural evenings.
- Every country must prepare workshops on the topic chosen during the Preparatory Visit.



Schedule:

	14.lis	15.lis	16.lis	17.lis	18.lis
	monday	tuesday	wednesday	thursday	friday
	ARRIVAL DAY	KATOWICE	KATOWICE	KATOWICE	DEPARTURE DAY
9:00-10:00		Breakfast	Breakfast	Breakfast	
10:00-13:00		Introduction	Workshops	Workshops	
13:30-14:30		Lunch	Lunch	Lunch	
15:30-18:30		Workshops	Workshops	Workshops	
19:00-20:00		Dinner	Dinner	Dinner	
		Cultural Evening Serbia and Slovenia	Cultural evening Bulgaria and Croatia	Cultural evening Poland	

COVID-19 regulations in Poland

Prior to departure, each participant is also responsible for checking for new updates regarding COVID-19 regulations. The link below is the official website where you can get more detailed information.

<https://www.gov.pl/web/coronavirus>

Currently, all restrictions related to COVID-19 in Poland have been lifted. We do not require any testing.

As the organizer, we ask everyone to be fully vaccinated against Covid-19 for the safety of each participant.

If you have any questions, don't hesitate to ask!

CONTACT:

Patryk Michałkiewicz

p.mich.innowacjespoleczne@gmail.com

+48 663 113 895

via WhatsApp

Martyna Śmiłowska

m.smilowska.innowacjespoleczne@gmail.com

+48 513 458 870

via WhatsApp